

Divine Truth

Divine Truth is a set of teachings about God and how God works, about the human soul and how it works, and about the universe and how it works. The system of laws that are spelled out in the Divine Truth framework include quite a few that are related to well-being – how wellness is enabled, sustained and allowed to flourish. As such, it has much to say that is of great use in an applied context – a health-building protocol that is simple and easy to understand, is based on principles of divine laws, and works across a broad spectrum of healthcare concerns. All well-being is a natural consequence of living in harmony with God’s laws (making loving choices), and any case of illness or other disorder manifesting in the body or mind is seen as a natural consequence of living out of harmony with God’s laws. In view of this principle, the health-care objective is very simple: get your way of living into alignment with God’s Way.

God and the Universe

This review of the basics of Divine Truth has to include some key facts about God. God and God’s Way is all about love and truth – including Divine Love and Absolute Truth (God’s Truth) – understanding these facts at a deeper, emotional level requires some amount of humility along with significant desire for learning new things about truth and love. God always forgives and never judges – the execution of God’s laws is as automatic and judgment-free as gravity effects on Earth material. God is presumed to exist outside the universe and from there brought the universe into existence. God created the universe along with all of its laws that are implicit and everywhere uniform. An important distinction is made between Creator and created; these tend to be conflated, but in fact are distinct and separate phenomena. God created people, but this there is nothing “divine” necessarily about people – there is no “divine spark”. There is a way however to get elevated access to God and that is to seek a personal relationship with the all-knowing Creator and follow God’s Way of living. This also happens to be the pathway to wellness, something that all healthcare workers need to take into account.

Soul, Spirit Body, Physical Body

In addition to the universe, God also created the human souls around Earth along with the spirit world and laws governing how the spirit world works. During the past 150 to 200,000 years, souls have been incarnating on earth (about the time of homo sapiens), which typically includes having an associated spirit body and physical body. If conception does not result in birth, the soul goes to the spirit world without having had a physical body or the benefits of real-world interaction – i.e. the human experience of corporal, material life on earth.

A key teaching in this system is that each person has not only a physical body (PB), but also an invisible spirit body (SB) that works in tandem with it, as well as a soul, which operates both the physical and spirit bodies. The soul is the true self, and the PB and SB are operated as a peripheral accessory of the soul. The function and intent of the soul is to operate the two bodies and engage in the world of others so as to gain useful experiential knowledge through these peripheral sensing units. From this perspective, the soul *is* the person, and the PB and SB are merely interfaces used by the soul for data collection.

The physical body only experiences earth life for less than a century, but the spirit body lives on for millions of years. Just as the physical body is connected to the spirit body (silver cord), the spirit body is connected to the soul (golden cord). When the physical body is no longer functioning and has quit working, the spirit body simply detaches the silver cord from the deceased body, and continues to interact and progress as a person in the spirit world. The soul is durable, virtually indestructible, and far more complex a creation than either the physical or spirit body. It is the most complex and sophisticated creation in God’s universe.

Soul Characteristics vs. Façade Characteristics (reflecting Error Condition)

Each person's particular attributes include both the intrinsic soul personality attributes as determined during creation of the soul (long before incarnation), as well as those behavioral patterns acquired through life conditioning in the manifested world. When there is any lack of well-being or abundant health in a person, the cause lies in the error contained in the soul, along with associated false beliefs and attitudes that the person's *persona* has acquired and maintained as a *façade* or presentation interface to the world.

The façade is a construct of one's mind, a web of lies that are held by the person and employed in the management of behavioral response to the world. It is a coping mechanism that is made out of various types of denials, primarily denials of fear and pain. The façade represents the emotional injury history of a person, and how this was managed. As such, the façade is a reflection of the personal error (false beliefs) held in the soul, and the extent of error present corresponds to the amount of degradation in soul condition. The Divine Truth teachings include a method for removing error from the soul, and this is the most effective approach to improvement of well-being. The causality behind any lack of well-being is addressed at the soul level rather than at the more peripheral body/mind level. Treating the body or mind directly can be of temporary help, but it is only addressing the symptoms of the underlying error, and for lasting change, correction is required at the deeper level of the soul.

Façade as Personal Sin

In the context of Divine Truth, the term "sin" does not carry any judgment – it is freely recognized by all that it is a simple fact that we all fall short of the mark – the only question is not so much whether or even how much there may be error (aka "personal sin") present in one's behavior, but what type of errors are present and how are they related? This information has diagnostic value in a clinical context.

Concept of Sin as Falling Short of the Mark

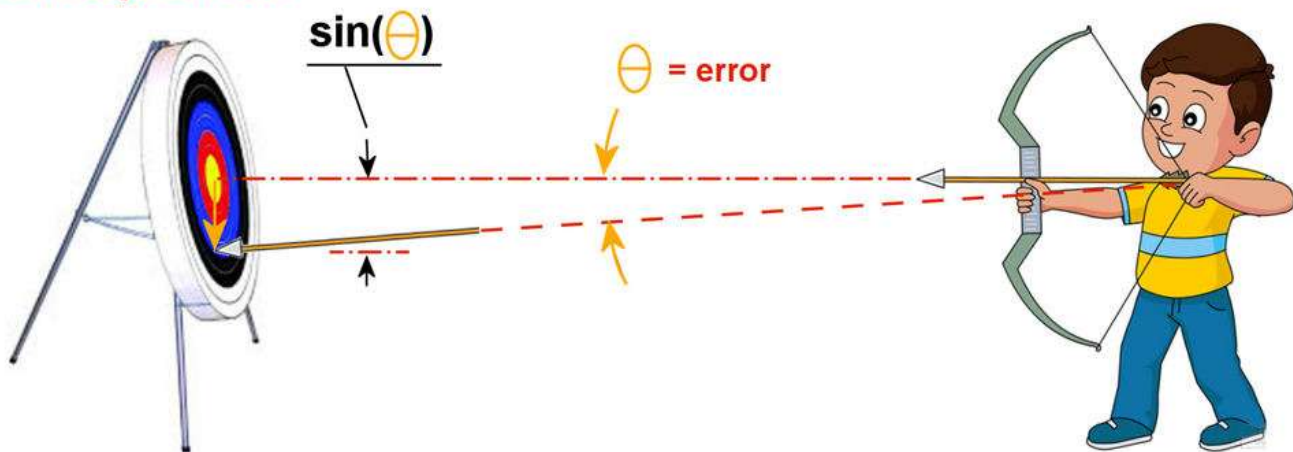
Principle of Right Living vs. Wrong Living

Living in Truth vs. Living in Error

Living God's Way vs. Living in Sin*

*Sin = "falling short of the mark"; "the mark"=God's Way

Concept of Sin



Applied Divine Truth

Divine Truth includes a protocol for releasing deeply-held emotional and spiritual error via the systematic identification and deconstruction of facade; after underlying emotional and spiritual health conditions are resolved, physical health then naturally follows. Divine Truth provides a framework for representing and characterizing the spectrum of human behavior, including the various states of error (sin) which may be present, and teaches how the identification, acknowledgement and acceptance of truth can lead to resolution and correction of the problem. It is in effect of model of human error – a theory of human sin – including information on how such behavioral error pattern functions, how it originates, how it is constructed, how it propagates, how it sustains itself, and how it can be taken out of service and dismantled – the deconstruction protocol is implicit in the identification model as a consequence of the recognition and acceptance of the underlying causality. The error condition of any particular person is referred to here as Personal Error. Personal Error refers to all of the incorrect beliefs and behaviors that a person has adopted; it is the aggregate sum of all thoughts, feelings, and actions that are out of harmony with God’s Way. As it turns out, Personal Error is often similar to Personal Truth – all the beliefs held to be true are actually imperfect and not quite correct, consequently, “Personal Truth” refers to the collection of held beliefs. To the extent that these beliefs are out of alignment with God’s Way, this Personal Truth is actually Personal Sin. These are all convenient ways to reference the error of a person’s ways – including all actions, thoughts, feelings, and beliefs that are not in harmony with God’s Way. Most people have a non-trivial amount of this sort of error.

One aspect of observable human behavior from a Divine Truth perspective, is that most people are living in their mind and operating a façade that is not reflective of their true soul nature (See excerpt below on “Condition of the Soul Before Freedom”). The façade is regulating their living experience as a “false front” that is deployed when interfacing to other people as an elaborately contrived mechanism designed with two mission objectives: 1. Protect the person from experiencing emotional pain; 2. Protect the person from experiencing emotional terror. The façade accomplishes this by operating elaborate denial mechanisms such as minimization, justification, avoidance, etc, to eliminate the unwanted experiences that are based on pain and fear.

Consequently, there are two components to a person’s personality: the true soul personality which is definite, specific, intrinsic and a core characteristic; and secondly, the façade personality, which is artificial, based on denial of fear and pain, and is a persona developed as a coping/denial mechanism for interacting with other people and the world. To some extent, the façade is a seemingly arbitrary consequence of whatever experiential challenges a person has encountered and grappled with, colored by their particular response characteristics for the given situation.

In this context, the soul attributes may sometimes be reflected in the façade persona, as a secondary modulating effect on the emotional response pattern of the person, but often it is not present at all in the façade.

Early Emotional Injury

The primary (also known as causal) emotional injuries are those sustained in the age range of -0.75 years (conception) through 2.0 years - these are typically imprinted mostly by mother during gestation as well as infancy. Influence from parents and other surrounding conditions on the development of the emotional body continues to occur throughout childhood. Typically, towards and through adulthood, a person becomes the dominant causal factor in their life, however there often are remnants of parental influence throughout as well.

Mother Damage: Emotional injuries sustained from mother-provider

Father Damage: Emotional injuries sustained from father-provider

Parent Damage: composite Mother and Father caused emotional damage

Notes: of all the emotional injury sources, the parents typically have the most significance, so parent damage (emotional injury patterns sustained from parental influence) is the largest share of other damage (all emotional injury sustained from other people). However the other-caused injuries are typically only 20% of the total emotional damage to the soul; the other 80% is self-caused emotional injuries – that is the harm that one does to oneself by making unloving choices (choices that are out of harmony with God’s Way) and taking unloving actions (actions that are out of harmony with God’s Way).

Inasmuch as most harm is self-caused, one key objective is to develop self-love – the appreciation and care of oneself. This mode of being requires discontinuing self-sabotage and self-destructive behavior.

Façade Development

The façade is a reflection of the emotional resistance that has developed in a person secondary to life experiences. Specifically, the façade is a set of beliefs, attitudes and behavior that operates as a defense apparatus that has been constructed in response to emotional injuries (pain and fear) – actually, in response to the desire to **avoid or deny** pain and fear. As such, it runs quite a bit deeper than an artificially developed persona, showing its surface appearance, but it does have its identifiable facets and attributes. The façade shapes a person’s entire lifestyle, so there is plenty of circumstantial evidence of its existence.

Much of the formation of façade (early phase) takes place in a relatively isolated womb experience, starting with the emotions surrounding conception, followed by physical and emotional impressions during the gestation process *in utero*. This would correspond to age -0.75 thru 0.0, which is childbirth.

The next phase is significantly different since there is more interaction dimensionality with the environment. The infancy period is by some definitions the period from birth to having walking ability, typically the first year or so. The second year would be the first year of walking is imprinting the child with experiences in a further new dimensionality – direct contact and relatively unfettered exploration of the surroundings. The first two years is when the façade for helping to interact with the outside world is mostly set into place. The façade is characterized by the set of denials in place. The denials can take the form of minimization, justification, avoidance, assertion of non-existence, of various fears and pains that one has been holding.

The simple act of identification, acknowledgement and acceptance of these held beliefs can lead to them disappearing and becoming inoperative, and then no longer influencing one’s response pattern.

Underneath the façade personality, often unrelated, and very often not much in evidence, is the soul personality. The only way to learn about one’s soul personality is to deconstruct (remove) the façade personality and see what is under it.

Façade as Indication of Emotional Error

The major difficulty along the path to emotional and spiritual well-being, after acceptance of the existence of a façade, is the identification – observation and recognition – of the façade. Since it is mostly developed as a denial mechanism, and denial mechanisms are by nature invisible, it takes a special effort to detect the façade. Clues have to be taken into account as evidence of façade behavior and the nature of the façade is inferred. The clues can be detected by noting any sort of quirkiness in one’s behavior – any sort of peculiarity in behavior can be considered as a façade trait. The deconstruction process – a traceback of denial positions or held fears – is then applied to this behavioral trait in order to find out why it is operative.

The façade is the persona one projects to the world and each person has several façades, any of which may be operative, depending on the current situation or person-environment that is present. For example, people typically have a façade custom-designed for their partner, a different one for kids (if any) or other children, a

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façade for parents, one for friends, one for bosses, one for customers or clients, one for colleagues, etc. Studying one's behavior with a view toward façade identification is an exercise in personal development, only the person holding the façades can do much about it and they need to access their memories to assess façade. Since the façade is largely an emotional state, the person is the best qualified to assess the façade in play, but external observations can be a useful source of evidence and clues. It is often challenging for a person to recognize their own façade.

The façade is usually operating unnoticed by its creator – it is built out of denial so it tends to be invisible, or at least not obvious. The deconstruction task starts with releasing denials about the façade – its existence, its attributes, its influence, its undesirable side effects. The initial process is like turning off auto-pilot for a while and responding more on an ad hoc basis and less from a formulaic basis. The process also requires continuous desire to figure out the various ways the façade is involved and how it operates, and continuous strong desire to dismantle the denial components and disconnect from them.

Façade is in effect a representation of our personal error, which can also be termed “personal sin” – this is simply the specific ways that we tend to “fall short of the mark” in living in harmony with God's Laws (also known as God's Way). There is nothing judgmental about this concept of sin – it is just a convenient way to refer to personal error.

Façade Deconstruction as a Pathway to Health in a Clinical Context

Although clients typically seek a health care practitioner due to a disorder manifesting in the body, it is useful to consider that disorders of the physical body are secondary in causality to disorders of the mental and emotional body, including the spirit body and the soul. Therefore any remedy that seeks to assist or relieve various mental or emotional concerns are merely treatments of the symptoms: permanent relief requires a **soul shift** – changes at the soul level.

In this context the mission objective of the health care worker is to identify the client's personal error and advise a course of correction. This is essentially an error detection and correction process. However, most of the health-building effort must be exerted by the client themselves – they cannot become dependent on a consultant for spiritual or even health guidance. A strong desire for health improvement is required on the part of the client, as well as a strong willingness to expend effort in achieving the improvement:

Health-Improvement Pre-requisites

1. Strong desire to learn more about one's soul condition
 - Effective Will application to learning opportunities
2. Strong desire for change towards improvement
 - Effective Will application to improvement efforts

In terms of applied Divine Truth, the wellness program that becomes available on satisfaction of the pre-requisites is primarily focused on the deconstruction of façade in order to uncover and expose to the light of day, the various underlying emotional fear and pain. This is a process of awakening to one's personal sin during life, and there will be resistance to the process due to many denial mechanisms in place that conceal one's true feelings from one's awareness. Initially, the façade is not immediately obvious, and may appear to be as invisible as a picture window – perhaps not even there! Deconstruction refers to the systematic identification of one's own façade behavior, the attribution of causality -- along with judgment-free acceptance -- underlying the unwitting childhood-emotional-trauma-based creation of the façade as a defense mechanism against the experience of fear and pain. One strategy is to always question one's own motives – why did I do that? Why did I not do this? The causality behind personal motive can be traced back as far as one has time to spend on it. Identification of façade and auto-pilot behavior is a matter of understanding the causal influences shaping the development of one's personal error.

Clinical Aspects of Health Improvement via Soul Progression Consultation:

- Assess Personal Emotional Health Status – This is the conventional description of the role of the health counselor
- Assess Personal Emotional Error Condition – This is the view of health concerns reflecting emotional error
- Guide Through the Identification and Deconstruction of Façade – This is the updated role of health counselor
- Façade as Personal Truth – this views one’s personal artificiality as an autobiographical self-definition
- Personal Truth as Personal Error – this views all of one’s held beliefs as error
- Personal Error as Personal Sin – this is seeing all behavioral error (unloving choices and actions) as Personal Sin
- Personal Troubleshooting – this is a contemporary expression for taking care of wellness concerns
- Error Detection and Correction – this is a technical expression for taking care of wellness concerns
- Self-Analysis (Guided) – this is ultimately what is required...
- Introspection -- . . . as is this.

In other words, while the steps to improved wellness must be taken by the client, the health counselor can offer guidance along the way.

Façade Deconstruction

The main obstacle to this process is denial of the existence of façade, so the largest first step is the acceptance that there is a façade and the gradually increasing acceptance of the facts of the façade without judgment.

This process has a number of steps:

1. accept that there is a façade operating
2. have a desire to know more about the façade
3. apply effort to the task of identifying various features and attributes of the façade
4. apply effort to the task of understanding the features and attributes of the façade
5. have a desire to deconstruct and remove the façade
6. apply effort to the task of deconstructing and removing the façade

The “features and attributes” of the façade refers to addictions (habits) and denials (disregard, minimization, justification, avoidance, blame-shifting, etc).

The façade is generally firmly established and fully in place by the time of adulthood, but the façade development rate and amount of supporting activities varies among people.

The façade discovery process can be an interesting project, when viewed as a necessary preliminary step to soul-discovery. It is the discovery of one’s lifetime of personal error. However the discovery means nothing if no action to change is taken – without real corrective change, it is just an intellectual exercise. There are two consecutive processes involved – the first process is becoming aware intellectually (accepting) of one’s error; the second process is to become aware emotionally of one’s error. When this emotional acceptance phase is complete, then the faulty behavior will discontinue.

From a clinical viewpoint, the façade deconstruction process will have a wide range of health benefits. In fact it is a pre-requisite for long-term well being.

The methodology for improving one’s well-being via façade deconstruction has been spelled out in dozens of online videos – background information on the teaching can be found at www.divinetruth.com .

The best approach to façade deconstruction is for the client to study the online video classes on this topic:

Education In Love Group 2.1 - Developing My Loving Self (30 videos)

https://www.youtube.com/playlist?list=PL4VN7gKEa2bT8M_AbEtdqmiAh-PrWEjc9

Education In Love Group 2.2 - Developing My Loving Self (32 videos)

<https://www.youtube.com/playlist?list=PL4VN7gKEa2bRUXzWUPFaqcn8E02oqB0fZ>

Related documents are also available for download from www.divinetruth.com .

Notes

Condition of the Soul before Freedom

What is the condition of a person who has not yet had a complete awakening of the soul?

Of course, this condition will vary according to the experiences the soul has encountered in its time since its individualization. But generally, in modern life, the soul that has not yet awakened as to its true condition will exhibit some traits that are consistent in various degrees, which include:

1. Living in the mind
2. Feelings in error causing thoughts, beliefs, and actions that are often not in harmony with its own concepts of goodness, or that cause its own unhappiness.
3. A lack of awareness of its spiritual condition, including a belief in its invisibility to the awareness of others, and a belief of its separateness to others, and various errors regarding its conception of God.
4. A lack of awareness of its moral condition, including its connectedness to its own sexuality, and general disharmony within its spiritual body (aura).
5. A lack of awareness of its physical condition, including awareness of the cause and effect of its spiritual and moral condition upon its physical body.

Living in the Mind

A person living in the mind is almost totally unaware of his or her own soul condition, and will believe herself or himself to be a “normal” logical thinking person. This is primarily because the person has chosen to live away from their own feelings, because many of these feelings are “painful”, and, rather than allowing themselves to feel and process their own pain, they will continue to live in a state of denial, which they call being “normal”.

Usually, only a feeling person can see the true state of a person who is living only in the mind. The reason for this is that when a person living only in the mind is presented or confronted with feelings, they attempt to process these feelings in the mind, whereas a feeling person will process the feelings in the soul, and will not generally use thoughts or logic to explain away or deny the feelings.

Source: Emotional Clearing (A4).pdf by AJ Miller 2005, page 9

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Principles of Divine Truth

1. Nature of God
 - is an entity, existing outside the created universe
 - is open to a personal relationship with each person
2. Nature of the Soul
3. Nature of the Spirit World
4. Nature of the Spirit Body
5. Nature of Physical Body
6. Free Will
7. Purpose of Life
8. Soul Development